



# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

## BOARD OF DIRECTORS VIRTUAL MEETING MINUTES

June 11, 2020

### Board of Directors Members present via phone:

- Jill Johnson, County Commissioner; Island County, Board Chair
- Cammy Hart-Anderson, Human Services; designated alternate for Dave Somers, Snohomish County Executive
- Satpal Sidhu, County Executive; Whatcom County
  - Anne Deacon, Human Services Manager, designated alternate for Satpal Sidhu
- Nicole Gorle, Legislative Analyst; designated alternate for Stephanie Wright, Snohomish County Council
- Heidi Beazizo, Sr. Legislative Analyst; Snohomish County, designated alternate for Jared Mead
- Pat O'Maley Lanphear, Advisory Board Chair
- Rud Browne, County Council Member; Whatcom County
  - Jackie Mitchell, Behavioral Health Program Specialist, designated alternate for Rud Browne
- Bill Watson, Council Member; San Juan County
- Ken Dahlstedt, County Commissioner, Skagit County
- Sam Low, County Council, Snohomish County

### North Sound Behavioral Health Administrative Services Organization (BH-ASO) staff present via phone:

- Joe Valentine, Executive Director; North Sound BH-ASO
- Darrell Heiner, Accounting Specialist; North Sound BH-ASO
- Margaret Rojas, Assistant Director/Contracts Manager; North Sound BH-ASO
- Joanie Williams, Administrative Manager/Clerk of the Board; North Sound BH-ASO

### Guests present via phone:

Katelyn Morgan-Ombuds  
Kayla Buchanan-Ombuds

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### Call to Order and Introductions – Chair Johnson

The Chair asked the Clerk of the Board to assist with introductions since the meeting was being held virtually and voting would be taking place for Chair and Vice-Chair. Members introduced themselves and noted if they would be voting.

### Revisions to the Agenda – Chair

The voting process (motions #20-20 and 20-21) were moved up on the Agenda to discuss the virtual process.

**Approval of the May 14<sup>th</sup>, 2020, Minutes, Motion #20-18 – Chair Johnson.....Attachment**  
Bill Watson moved the motion for approval, Cammy Hart Anderson seconded, all in favor, Motion #20-18 carried

### Comments & Announcements from the Chair

There were no comments or announcements from the Chair

### Reports from Members:

Joe noted that during the May Meeting Board members had asked for the counties Behavioral Health Response Plans in relation to COVID.

- Board Members gave a report on their respective Behavioral Health Plans (due to COVID). There were concerns that the money may run out if there is another round of COVID. It was noted that spending the money at the right time is key. Contingency plans are being strategized as best as possible. Joe noted that the ASO will coordinate with the counties regarding the grant dollars that will be available. The goal is to support the current efforts.

Cammy Hart-Anderson gave an update on the groundbreaking of the In-patient Treatment Facility.

### **Comments from the Public**

There were no comments from the public

### **Report from the Advisory Board**

Pat O'Maley Lanphear gave the Report from the Advisory Board

### **Report from the Executive Director**

Joe gave an overview of the Executive Director's Report which contained the following topics:

- UPDATE ON NORTH SOUND BH ASO FACILITY CLOSURE:
- CRISIS SERVICES
- MCO-ASO CONTRACT RECONCILIATION
- PLANNING FOR COVID-19 LONG TERM BEHAVIOAL HEALTH IMPACTS
- CHANGES TO THE INVOLUNTARY TREATMENT ACT LAWS
- NEW TRUEBLOOD SETTLEMENT DOLLARS
- HARPS AND PAT
- ANNUAL JOINT MCO AUDIT OF THE DELEGATED CRISIS SERVICES FUNCTIONS
- COVID WEEKLY DASHBOARD
- NORTH SOUND BH-ASO STAFF RESPONSE TO RACIAL VIOLENCE
- BILL WHITLOCK
- EXECUTIVE DIRECTOR'S FINANCIAL OVERVIEW

- **Report from the Ombuds**

The report from the Ombuds from Q4-2019 and Q1-2020 was presented and questions were answered.

### **Report from the Finance Officer**

Joe and Darrell gave the report from the Finance Officer and answered questions from members. Margaret answered a question on the Crisis and Triage Centers.



## Report from the Governance Operations Committee

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

## Consent Agenda

### Motion #20-19

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1st, 2020, through May 31st, 2020 in the amount of **\$1,565,318.65**. Payroll for the month of May in the amount of **\$143,345.12** and associated employer benefits in the amount of **\$56,808.98**.

Rud Browne moved the motion for approval, Bill Watson seconded, all in favor, none opposed, no abstentions, Motion #2019 carried.

## Action Items

***For Executive Committee Approval***

### North Sound BH-ASO Chair and Vice Chair

#### Summary:

The motions listed below are for the new BH-ASO Board of Directors Chair and Vice Chair. The nominations received as of June 5 from Board Members for Chair and Vice Chair are below:

- Chair: Jill Johnson and Ken Dahlstedt
- Vice-Chair: Rud Browne and Bill Watson

During the pandemic, the Governor issued a temporary Proclamation pertaining to the Open Public Meeting Act (OPMA) regarding the allowance of virtual meetings in lieu of in-person meetings to carry out necessary action.

NS BH-ASO will be using an electronic voting application during the tele-conference meeting by sending two voting ballots to each voting member participating in the June 11<sup>th</sup>, 2020 Board of Directors meeting via GoToMeeting.

One voting ballot will be for Chair and one for Vice-Chair.

Prior to sending the email, Board Members will announce if they are voting for their county in accordance to the total number of votes allowed for each county, per the Interlocal Agreement. Voting will take place through the emailed ballot link which can be accessed and engaged via computer, tablet, or smart phone.

North Sound BH-ASO IT/IS Manager will send out the electronic ballot via email to each *voting member*. The Clerk of the Board will display the results on the computer screen via the teleconference meeting, as well as make the announcement of the newly elected Chair and Vice-Chair.

The nominees for Chair and Vice Chair spoke of their interest and qualifications in for the Board of Directors Chair and Vice Chair positions. Ken and Jill spoke about their interest and qualifications in the role of Chair. Bill and Rud spoke about their interest and qualifications for the role of Vice Chair.

**Motion #20-20**

- To approve the results of the electronic election voting process for the Chair of the North Sound Board of Directors based on the candidate who receives the most votes which will be displayed and announced by the Clerk of the Board.

There were issues with the electronic voting process and the number of votes received. Sam Low moved a motion for approval that Jill Johnson would be Chair until the end of the year and that Ken Dahlstedt would be Chair beginning in January 2021; Bill Watson seconded the motion, all in favor, none opposed, no abstentions, motion #20-20 carried with the revised language.

**Motion #20-21**

- To approve the results of the electronic election voting process for the Vice-Chair of the North Sound Board of Directors based on the candidate who receives the most votes which will be displayed and announced by the Clerk of the Board.

Sam Low moved the motion for approval that Rud Browne would be the Vice-Chair until the end of the calendar year 2021. Anne Watson seconded the motion, all in favor, no nays, no abstentions, motion #20-21 carried.

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*Funding amounts are currently unavailable. We anticipate our HCA contract within the next two weeks. Once the contract and funding documents are received, we will develop the budgets for the contracts listed for approval.*

**Health Care Authority**

**Summary:**

The North Sound contract with HCA provides funding for Crisis Services, Legislative Provisos, Substance Abuse Block Grant and other non-Medicaid services within available resources.

**Motion #20-22**

- Health Care Authority-North Sound BH-ASO-20 providing funding for the period of July 1, 2020 through December 31, 2020.

Ken Dahlstedt moved the motion for approval, Rud Browne seconded, all in favor, none opposed, motion #20-22 carried

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**Triage Facilities/Crisis Centers/Withdrawal Management**

**Summary:**

Triage and Crisis Facilities serve several Non-Medicaid individuals throughout the year without payment for their treatment. We recently funded the 2019-2020 shortfalls for the Snohomish and Skagit County facilities and propose to extend the funding through the next fiscal year.

Lynnwood Detox is an acute withdrawal management facility operated by Evergreen Recovery Centers in Snohomish County. Evergreen is the only provider in our region to provide this level of care.



As with the 2019-2020 contract amendments, the funding will be based on projected monthly operational costs divided by the number of Non-Medicaid individuals projected to be served multiplied by the number of projected bed days for a month. We are still waiting for the final cost projections from the providers.

**Motion #20-23**

- North Sound BH-ASO-Compass Health-ICCN-19-20 Amendment 4 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Pioneer Human Services-ICN-19-20 Amendment 4 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Evergreen Recovery Centers-ICN-19-20 Amendment 3 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.

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**Integrated Care Network (ICN) - County Contracts****Summary:**

The contract amendments will provide a budget for the period of July 1, 2020 through December 31, 2020. The budgets include the following funding types:

- Jail Transition Services
- Designated Marijuana Account Services
- Housing and Recovery through Peer Services (HARPS) housing subsidies
- Substance Abuse Block Grant Opiate Outreach Services

Bill Watson moved the motion for approval, Rud Browne seconded, all in favor, none opposed, no abstentions, motion #20-23 carried

**Motion #20-24**

- North Sound BH-ASO-Island County-ICN-19-20 Amendment 4 providing funding for the services listed above for the period of July-December 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-San Juan County-ICN-19-20 Amendment 2 providing funding for the period of July 2020-December 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract
- North Sound BH-ASO-Skagit County-Interlocal-19-20 Amendment 2 providing funding for the period of July 2020-December 2020. The Interlocal effective date is January 1, 2020.
- North Sound BH-ASO-Whatcom County-ICN-19-20 Amendment 5 providing funding for the period of July 2020-December 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.

Ken Dahlstedt moved the motion for approval, Rud Browne seconded, all in favor, none opposed, no abstentions, Motion # 20-24 carried.

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### **Integrated Crisis Care Network (ICCN) Contacts**

#### **Summary:**

The contract amendments listed below add funding for the period of July 1, 2020 through December 31, 2020.

- Volunteers of America (VOA) for the Toll-Free Crisis Hotline.
- Compass Health for Mobile Crisis Outreach and Involuntary Treatment Act Services in Island, San Juan, Skagit and Whatcom Counties and the regional Evaluation and Treatment Services in Snohomish County.
- Snohomish County Human Services for Mobile Crisis Outreach and Involuntary Treatment Act Services in Snohomish County. Funding is also provided for Jail Transition Services, Designated Marijuana Account and Opiate Outreach.
- Telecare Corporation for regional Evaluation and Treatment Services in Sedro Woolley

#### **Motion #20-25**

- North Sound BH-ASO-VOA-ICCN-19-20 Amendment 2 providing funding for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-ICCN-19-20 Amendment 4 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-ICCN-19-20 Amendment 1 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is January 1, 2020 through December 31, 2021 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Telecare-ICCN-19-20 Amendment 1 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.

Rud Browne moved the motion for approval, Satpal Sidhu seconded, all in favor, none opposed, no abstentions, all in favor, Motion #20-25 carried

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### **Peer Bridger Mental Health Block Grant**

#### **Summary:**

Telecare Corp. provides Peer Bridger services for individuals discharging from Western State Hospital or Community Psychiatric Hospitals. The service is providing by Peers, reintegrating the individuals back into the community and supporting them in their recovery. This is a regional service.



**Motion #20-26**

- North Sound BH-ASO-Telecare-MHBG-20-21 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2020 through June 30, 2021 with an automatic one-year renewal on July 1, 2021 based on continued compliance with the terms of the contract.

Bill Watson moved the motion for approval, Nicole Gorle seconded, all in favor, none opposed, no abstentions, motion #20-26 carried

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**Family Haven Mental Health Block Grant****Summary:**

Family Haven is a program of the Tulalip Tribes providing outreach to at-risk youth who are homeless and in need of support and treatment.

**Motion # 20-27**

- North Sound BH-ASO-Family Haven-MHBG-20-21 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2020 through June 30, 2021 with an automatic one-year renewal on July 1, 2021 based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Ken Dahlstedt seconded, all in favor, none opposed, no abstentions, Motion #20-27 carried.

Cammy asked if the ASO could reach out to the Stillaguamish Tribe and see if there is a way the ASO could expand some of the things that are working well.

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**Pregnant and Parenting Women Housing Supports-Substance Abuse Block Grant****Summary:**

These amendments with Brigid Collins, Catholic Community Services NW (CCS NW) and Evergreen Recovery Services provide funding for the period of July 1, 2020 through December 31, 2020. Services are provided to women who have discharged from Substance Use Treatment and in need of additional support once housed, such as housing case management.

**Motion #20-28**

- North Sound BH-ASO-SABG-Brigid Collins-19-20 Amendment 2 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract
- North Sound BH-ASO-SABG-CCS NW-19-20 Amendment 2 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Evergreen Recovery Centers-SABG-19-20 Amendment 3 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.

Ken Dahlstedt moved the motion for approval, Bill Watson seconded, all in favor, none opposed, no abstentions, motion #20-28 carried

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### **Snohomish County Juvenile Treatment Services**

#### **Summary:**

This contract provides treatment for youth involved in the criminal justice system for the period of January 1, 2020 through December 31, 2020.

#### **Motion #20-29**

- North Sound BH-ASO-Snohomish County Superior Court-20 to provide treatment services to youth involved in the criminal justice system. The contract term of the contract is January 1, 2020 through December 31, 2020 with an automatic one-year renewal on January 1, 2021 based on continued compliance with the terms of the contract.

Bill Watson moved the motion for approval, Ken Dahlstedt seconded the motion, Cammy Hart Anderson abstained, Sam Low abstained, Nicole Gorle abstained. Motion #20-29 carried by majority vote with a contingency:

*Margaret was asked to reach out to the State and get a more thorough understanding of the Juvenile Court specifications and details.*

*Getting caught up in an audit situation was one of the concerns of Snohomish. It was noted that the motion is contingent upon the requirements being compliant with the state, and in agreement with Snohomish County.*

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### **Regional Ombuds Services**

#### **Summary:**

This amendment provides funding for the period of July 1, 2020 through December 31, 2020 for regional Ombuds Services. A portion of the costs are covered by the Managed Care Organizations for services provided to Medicaid members.

#### **Motion #20-30**

- North Sound BH-ASO-Ombuds-20 Amendment 1 providing a budget for the period of July 1, 2020 through December 31, 2020. The contract term of the contract is January 1, 2020 through December 31, 2020 with an automatic one-year renewal on January 1, 2021 based on continued compliance with the terms of the contract.

Ken Dahlstedt moved approval of the motion, Rud Browne seconded, all in favor, none opposed, no abstentions, Motion # 20-30 carried

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### **Integrated Care Network Contracts**

#### **Summary:**

The Lake Whatcom Contract and the other provider contract amendments are adding the provision of Mental Health Outpatient/Intensive Outpatient Services. We stopped funding mental health services (other than crisis services) in July



1, 2019. These providers are the only providers credentialed with the ASO to provide mental health services in our region.

We anticipate the authorizations will commence as we let the providers know we have funding for the Non-Medicaid population. There is a need for individuals who are Medicare only or are uninsured. These contracts are fee for service, providers will be paid upon authorization and data submission.

Compass Health and Lake Whatcom Center will be contracted for Program for Assertive Community Treatment (PACT) slots, Compass Health for two in Skagit County and Lake Whatcom Center for one in Whatcom County in addition to outpatient services.

#### **Motion #20-31**

- North Sound BH-ASO-Compass Health-ICCN-19-20 Amendment 4 providing a budget for the provision of outpatient and intensive outpatient mental health services. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Sunrise Services-ICN-19-20 Amendment 1 providing a budget for the provision of mental health outpatient and intensive outpatient services. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Sea Mar Community Health Centers-ICN-19-20 Amendment 1 providing a budget for the provision of mental health outpatient and intensive outpatient services. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Lake Whatcom-ICN-19-20 providing a budget for the provision of mental health outpatient and intensive outpatient services. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, all in favor, none opposed, all in favor, Motion #20-31 carried

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#### ***For Executive Committee Ratification***

#### **Jail Transition Services**

##### **Summary:**

San Juan county is in the development of their Jail Transition project and was unable to launch prior to the end of the contract period. The County offered their funding of \$22,388.10 to the other four counties, Snohomish County decided to forgo the funding. The funding was distributed to the three counties. Upon agreement, the following funding is allocated as follows.

- Island \$6,600
- Skagit \$7,400
- Whatcom \$8,388.10

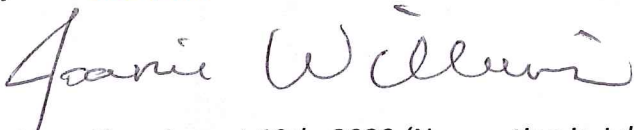
**Motion #20-32**

- North Sound BH-ASO-Island County-ICN-19-20 Amendment 3 providing additional Jail Transition funding in the amount of \$6,600 for the period of January-June 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Skagit County-Interlocal-19-20 Amendment 1 providing additional Jail Transition funding in the amount of \$7,400 for the period of January-June 2020. The Interlocal effective date is January 1, 2020.
- North Sound BH-ASO-Whatcom County-ICN-19-20 Amendment 4 providing additional Jail Transition funding in the amount of \$8,3880.10 for the period of January-June 2020. The contract term of the contract is July 1, 2019 through June 30, 2020 with an automatic one-year renewal on July 1, 2020 based on continued compliance with the terms of the contract.

Bill Watson moved the motion for approval, Rud Browne seconded, all in favor, none opposed, no abstentions, Motion #20-32 carried

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Adjourn: 3:02 p.m.



*Next meeting: August 13th, 2020 (No meeting in July)*

Respectfully Submitted,

Joanie Williams  
Clerk of the Board